



## CODE OF CONDUCT

King Harbor Youth Foundation ("KHYF") Junior Sailing members and their parents/guardians are one of the most visible groups in the King Harbor Yacht Club ("KHYC") community. Consequently, what you do, and the way in which you do it, requires exemplary behavior at KHYC and at regattas. Basic courtesies and your responsibilities as a representative of the KHYF Junior Sailing program require that you adhere to the following Code of Conduct:

### Sailor's Code of Conduct:

1. I promise to maintain a positive attitude and to be responsible for my conduct as a KHYF Junior Sailing member, by following these rules and regulations, and any other rules given by my coaches or program directors, at all times.
2. I will treat my team members, coaches, program directors, competitors, regatta officials, hosts and all others with respect, regardless of race, religion, gender, national origin, or abilities.
3. I will not abuse my teammates, whether verbally, physically, or emotionally, or tolerate such conduct in others.
4. I understand that swearing, in any context, is unacceptable behavior.
5. I will not use, or tolerate the use by other team members, alcohol, tobacco, or non-prescribed drugs.
6. I will engage in good sportsmanship, and encourage good sportsmanship from fellow sailors, coaches, and parents/guardians.
7. I will meet or exceed expectations for my grades and my performance in school. I will not use practices or regattas during the school year as an excuse for not getting my schoolwork done on time.
8. I will promptly follow all safety procedures given by my coaches and other responsible adults. I will immediately notify a coach or other responsible adult if I feel that another sailor is in danger. I will not deliberately place myself, my vessel, or any other sailor and vessel, in danger.
9. I will listen to and strive to learn from my coaches.
10. I will behave and dress at all times in an appropriate manner consistent with the high standards of KHYF and KHYC.
11. I will be prepared for all meetings, be attentive, and be an active participant in discussions.
12. I will never leave my training site or regatta without first obtaining my coach's and parent's/guardian's personal permission. I understand that it is not permissible to have another person convey a message that I am leaving. (Parent/guardian permission to leave can be communicated to the coach in advance either in writing or verbally.)
13. I will be responsible at all times for the transportation, safe storage, maintenance and setup of my assigned boat and other KHYF and KHYC equipment.
14. I will respect the property of others, neither stealing, damaging, destroying, or borrowing another's property without permission, nor will I tolerate such behavior by other team members.
15. I will respect the grounds and the waters on which I practice and compete, neither littering nor damaging them, and I will leave these sites in order when I finish for the day.

Parent's/Guardian's Code of Conduct:

1. I will not interfere with or disrupt any practice or regatta. During practices I understand that I can not engage in coaching of any kind. At regattas, I will not coach at all during the race, or while the coach is interacting with the sailors before and after races. In between races I may engage in limited coaching with my sailor only, but understand that the main source of instruction is at all times the coach.
2. At competitions, I will cheer for my sailor and others, and will not communicate anything negative to any of the competitors, participants, bystanders, hosts, judges, or coaches.
3. I will be responsible for getting my sailor(s) to practice and regattas on time, and picking them up on time.
4. For away regattas, I and other parents/guardians are responsible for towing all trailers and boats, and the coach boat.
5. I will provide appropriate attire to maximize my sailor's enjoyment of the sport, including a well fitting personal flotation device, clothing appropriate for the conditions, and all necessary safety equipment.
6. If I have a significant issue with another sailor, team member, coach, program director, competitor, regatta official, host, parent/guardian, or any other person connected to any youth sailing activity, I will not address that person directly, but rather will raise the issue with the Head Coach, Race Team Director, Summer Sailing Director, or KHYF President.
7. In matters related to Parent/Guardian misconduct, I understand that in appropriate instances, the misconduct will be reported to the KHYF Board and the KHYC.

Disciplinary Action:

Discipline can be imposed for the actions of the sailor, or the actions of the sailor's parents/guardians. Except in instances of extreme misconduct when immediate expulsion from the Program is appropriate, progressive discipline for offenses will be applied. Forms of progressive discipline could include, but are not limited to, those listed below.

1. Verbal counseling.
2. Written report sent to the sailor's parent/guardian, requiring the parent's/guardian's signature.
3. Immediate suspension from the activity the sailor is engaged in, be it practice, regatta, or other related activity.
4. Withholding participation from one or more upcoming regatta, practice, or other related activity.
5. Performing tasks for the benefit of KHYC or KHYF.
6. Apologizing to the person or group affected by the wrongful conduct.
7. Expulsion from the Program.

If any discipline is found to be appropriate for a sailor or parent/guardian, no refund of funds paid will be made. Discipline listed in items 1 – 3 above may be authorized by the Head Coach, the Race Team Director, the Summer Sailing Director, or the KHYF President. All other forms of discipline will be determined by the KHYF Disciplinary Committee.

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Signature of Sailor

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Parent/Guardian

\_\_\_\_\_  
Date